

Grand Rapids Public Schools/Grand Rapids Track Club Elementary School Track Program

Registration for the Program:

Program is free to all GRPS elementary students. Registration forms are due back to the elementary buildings by April 22. Admission to the spring elementary meets will be free for all spectators

Coaches:

If you are able to volunteer your time to help your child's team, please see your school principal. They need coaches, assistant coaches, and team parent volunteers. All volunteers must finish a volunteer form and NHFS online concussion training.

Meet Location:

All meets will be held at Julius Housman Field – 150 Houseman Ave. Grand Rapids, MI 49503 and will begin at 5:15 p.m. (Age groups are 2nd-3rd grade and 4th-5th grade) – kids can participate in one field event and two running events

Meet Dates:

Group 1 Meet dates: May 7, May 14, May 21 and May 28

Group 2 Meet Dates: May 8, May 15, May 23 and May 28

Events: Standing LJ (2-5), Shot Put (4-5), Softball throw (2-3), 100m (2-5), 800m (2-5), 4 x 100m relay (2-5 coed), 200m (2-5)

Mileage/Running Clubs:

Mileage Clubs should be started either the week of April 22. Relay batons and a shot put will be provided to each school. Teachers can also discuss how reaching goals takes determination, dedication and discipline and how this relates to their academic achievement. Event instruction can be given during PE classes, mileage clubs or practice time.

Awards/T-shirts:

Awards will be given to the top five boys and top five girls in each event for each age division. Age divisions will be 2-3 and 4-5. The third meet of the year, points will be kept and a team trophy handed out for first, second and third place and awards through eighth place. Each student participating in the program will receive a t-shirt.

Transportation:

Transportation to and from meets will be done through school buses. Based on an estimate of participation, one bus will cover two-three schools. Schools can also have parents car pool if that is determined to be easier.

Registration Form (Please return registration forms to your elementary school by April 22)

Name: _____ School: _____ Grade: _____ Gender: _____

Parent Email: _____ Shirt Size (circle): YS YM YL AS AM AL AXL

Phone: _____ Address: _____

Signature for Parent or Guardian: _____

*Waiver: In consideration of your accepting my registration, I do hereby, for myself, my heirs, executors, administrators and assigns, waive and release all rights and claims for damages which I may or which may after accrue to me against the Grand Rapids Public Schools and Grand Rapids Track Club, its sponsors, agents, representatives, with entry or participation in the Track and Field Program. **Photo Release:** I give my consent to the use of photographs, video tapes, films and recordings of me for advertising, broadcast, or other uses by Grand Rapids Public Schools. In giving this consent, I release Grand Rapids Public Schools, their agents and assigns from any liability for any violation of any personal or property rights which I may have in connection with such materials, and waive my right to approve accompanying written or narrative material.*

